



Spine Institute of Arizona

BONE SCAN

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You have been scheduled for a bone scan. This test will show us if there is anything abnormal with your bones. On the day of the test, you will have a vein in your arm injected with a radioactive tracer that will travel to your bones. The amount of radioactive tracer injected is small and it takes time for this tracer to travel to your bones (approximately 3-4 hours). You may be able to leave the hospital/radiology facility while this tracer travels. Ask the radiology facility before the day of your test. During this waiting period, it is recommended that you drink 3-4 glasses of water to help circulate the tracer to your bones. After the 3-4 hour period has passed, you will be asked to lie down on a table while the bone scan pictures are taken. The picture-taking process will last about 1 hour. Results of the bone scan will be discussed with you at your next appointment.

Notes:

Please inform your physician if you are pregnant or breast feeding. Bring X-Rays (if previously taken), of your bones/spine to the test. You do not have to fast for the bone scan.